

# Exercise Classes

## Dulwich College Sports Club

Accurate as of 28/04/2024

### Times for Monday 24 January



Time	Session	Facility	Instructor
09:05 - 10:05	Body Conditioning	Trevor Bailey SG Hall	Imelda
10:15 - 11:15	Body Conditioning	Trevor Bailey SG Hall	Imelda
19:00 - 19:45	BodyBlast Conditioning	Club Room (Sports Centre)	Nathaniel