

# Exercise Classes

## Dulwich College Sports Club

Accurate as of 14/05/2024

Times for Tuesday 25 January

Time	Session	Facility	Instructor
09:05 - 10:00	Zumba	Trevor Bailey SG Hall	Cayana
10:15 - 11:15	Pilates General (All levels)	Trevor Bailey SG Hall	Zaira
18:15 - 19:00	Barre	Exercise Studio (Sports Centre)	Paula
19:15 - 20:15	Pilates General (All levels)	Exercise Studio (Sports Centre)	Paula