

Exercise Classes

Dulwich College Sports Club

Accurate as of 28/04/2024

Times for Wednesday 26 January



| Time | Session | Facility | Instructor |
|---------------|------------------------|---------------------------|------------|
| 09:05 - 10:05 | BodyBlast Conditioning | Trevor Bailey SG Hall | Nathaniel |
| 10:15 - 11:10 | Zumba | Trevor Bailey SG Hall | Zaira |
| 13:30 - 14:10 | DC Staff Pilates | Club Room (Sports Centre) | Zaira |