

Exercise Classes

Dulwich College Sports Club

Accurate as of 23/05/2026

Times for Monday 25 May



Time	Session	Facility	Instructor
09:05 - 10:05	Body Conditioning (Cancelled)	Trevor Bailey SG Hall	Imelda
10:15 - 11:15	Body Conditioning (Cancelled)	Trevor Bailey SG Hall	Imelda
11:25 - 12:15	Pilates (Beginner) (Cancelled)	Trevor Bailey SG Hall	Zaira
19:00 - 19:45	BodyBlast Conditioning (Cancelled)	Club Room (Sports Centre)	Nathaniel
20:00 - 20:45	BodyBlast Conditioning (Cancelled)	Club Room (Sports Centre)	Nathaniel