

Exercise Classes

Dulwich College Sports Club

Accurate as of 12/08/2026

Times for Monday 17 August

Time	Session	Facility	Instructor
09:05 - 10:05	Body Conditioning	Auditorium (The Laboratory)	Imelda
10:15 - 11:15	Body Conditioning	Auditorium (The Laboratory)	Imelda
19:00 - 19:45	BodyBlast Conditioning	Club Room (Sports Centre)	Nathaniel
19:00 - 19:45	BodyBlast Conditioning	Club Room (Sports Centre)	Omar