

Exercise Classes

Dulwich College Sports Club

Accurate as of 01/10/2026

Times for Saturday 3 October				
Time	Session	Facility	Instructor	
09:00 - 09:45	Zumba	Club Room (Sports Centre)	Chandra	
09:00 - 09:55	Pump	Exercise Studio (Sports Centre)	Nathaniel	
10:00 - 11:00	MyKindaYoga	Exercise Studio (Sports Centre)	Alison	
10:00 - 11:30	60+ Morning Club	Club Room (Sports Centre)	Davina	
14:00 - 15:00	Boxing Class	Club Room (Sports Centre)	Kwame	