Exercise Classes

Dulwich College Sports Club

Accurate as of 23/11/2026

Times for Saturday 28 November

Time	Session	Facility	Instructor
09:00 - 09:45	Zumba	Club Room (Sports Centre)	Chandra
09:00 - 09:55	Pump	Exercise Studio (Sports Centre)	Nathaniel
10:00 - 11:00	MyKindaYoga	Exercise Studio (Sports Centre)	Alison
10:00 - 11:30	60+ Morning Club	Club Room (Sports Centre)	Davina
14:00 - 15:00	Boxing Class	Club Room (Sports Centre)	Kwame