

Spin Studio

Dulwich College Sports Club

Accurate as of 25/08/2026

Times for Wednesday 12 August			
Time	Session	Instructor	Type
07:30 - 08:00	Sprint (Cancelled)	Virtual Instructor	Cardio
18:00 - 18:45	Midweek Medley	Claudia	Cycling Studio
19:00 - 20:00	BodyBlast Cycle	Nathaniel	Cardio
20:00 - 20:45	Beginner's Club	Omar	Cycling Studio
21:00 - 21:30	Sprint	Virtual Instructor	Cardio