

Spin Studio

Dulwich College Sports Club

Accurate as of 18/08/2026

Times for Sunday 23 August			
Time	Session	Instructor	Type
09:45 - 10:15	Sprint	Virtual Instructor	Cardio
12:30 - 13:00	Sprint	Virtual Instructor	Cardio
15:45 - 16:30	The Trip	Virtual Instructor	Cardio
17:30 - 18:15	The Trip	Virtual Instructor	Cardio
19:15 - 19:45	Sprint	Virtual Instructor	Cardio
20:00 - 20:45	The Trip	Virtual Instructor	Cardio