

Swim Timetable

Phoenix Pool & Gym

Accurate as of 22/04/2026

Times for Tuesday 14 April



Time	Session	Facility	Level
6:30 am - 8:30 am	Public Swim	pool	
8:30 am - 9:15 am	Aquacise	pool	
9:30 am - 3:30 pm	Public Swim	pool	
10:00 am - 11:00 am	Adult & Child Lessons	pool	
3:45 pm - 7:15 pm	Swim School	pool	
6:15 pm - 7:30 pm	Public Swim	pool	
7:30 pm - 8:15 pm	Aquacise	pool	
8:15 pm - 9:00 pm	Adult Swim	pool	