

Do Something Different

Community Sports

Accurate as of 30/09/2026

Times for Tuesday 6 October			
Time	Session	Facility	
09:30 - 10:00	Rebound Therapy (Trampoline)	NL Active The Pods	
10:00 - 10:30	Rebound Therapy (Trampoline)	NL Active The Pods	
10:30 - 11:00	Rebound Therapy (Trampoline)	NL Active The Pods	
11:00 - 11:30	Rebound Therapy (Trampoline)	NL Active The Pods	
11:30 - 12:00	Rebound Therapy (Trampoline)	NL Active The Pods	
12:30 - 13:30	Archery	NL Active The Pods	
13:30 - 14:30	Archery	NL Active The Pods	