

Do Something Different

Community Sports

Accurate as of 13/10/2026

Times for Monday 19 October

Time	Session	Facility
13:00 - 13:30	Rebound Therapy (Trampoline)	NL Active The Pods
13:30 - 14:00	Rebound Therapy (Trampoline)	NL Active The Pods
14:00 - 14:30	Rebound Therapy (Trampoline)	NL Active The Pods
14:30 - 15:00	Rebound Therapy (Trampoline)	NL Active The Pods