## **Active Ageing Community Sports**

## Accurate as of 01/05/2024

Times for Monday 27 March		
Time	Session	Facility
09:00 - 10:00	Strength & Balance	Ashby Community Hub
10:00 - 11:00	Strength & Balance	Ashby Community Hub
18:45 - 19:45	Active Circuits	Kirton in Lindsey Town Hall