

# Active Ageing Community Sports

Accurate as of 17/05/2024

## Times for Monday 15 April



| Time          | Session            | Facility                    |
|---------------|--------------------|-----------------------------|
| 09:00 - 10:00 | Strength & Balance | Ashby Community Hub         |
| 10:00 - 11:00 | Strength & Balance | Ashby Community Hub         |
| 18:45 - 19:45 | Active Circuits    | Kirton in Lindsey Town Hall |