

# Active Ageing Community Sports

Accurate as of 17/05/2024

## Times for Monday 22 April



Time	Session	Facility
09:00 - 10:00	Strength & Balance	Ashby Community Hub
10:00 - 11:00	Strength & Balance	Ashby Community Hub
18:45 - 19:45	Active Circuits	Kirton in Lindsey Town Hall