

# Abbey Stadium Pool Timetable

## Abbey Stadium Sports Centre

Accurate as of 02/08/2026

### Times for Wednesday 29 July



| Time          | Session                       | Facility     | Type             |
|---------------|-------------------------------|--------------|------------------|
| 06:00 - 07:10 | Public Swim (3 Lanes)         | Main Pool    | Public Swimming  |
| 06:10 - 07:10 | Redditch Swim Club (3 Lanes)  | Main Pool    | Swimming Club    |
| 07:15 - 10:00 | Public Swim (3 Double Lanes)  | Main Pool    | Public Swimming  |
| 10:00 - 12:20 | Public Swim                   | Learner Pool | Public Swimming  |
| 10:10 - 11:50 | Public/General Swim (3 Lanes) | Main Pool    | Public Swimming  |
| 12:00 - 12:45 | Float Session                 | Main Pool    | Public Swimming  |
| 12:30 - 13:30 | Pre school lessons            | Learner Pool | Swimming Lessons |
| 13:00 - 15:50 | Public/General Swim (3 Lanes) | Main Pool    | Public Swimming  |
| 13:30 - 15:50 | Public Swim                   | Learner Pool | Public Swimming  |
| 16:00 - 18:00 | Junior Swimming Lessons       | Learner Pool | Swimming Lessons |
| 16:00 - 18:00 | Junior Swimming Lessons       | Main Pool    | Swimming Lessons |
| 18:00 - 19:00 | Public Swim                   | Learner Pool | Public Swimming  |
| 18:00 - 19:00 | Squad 1 Lane Junior Lessons   | Main Pool    | Swimming Lessons |
| 18:00 - 19:00 | Public 2 lanes/General swim   | Main Pool    | Public Swimming  |
| 19:00 - 20:00 | Public/General Swim (3 Lanes) | Main Pool    | Public Swimming  |
| 20:00 - 21:00 | Ladies Night                  | Main Pool    | Public Swimming  |
| 21:00 - 22:30 | Public Swim (3 Double Lanes)  | Main Pool    | Public Swimming  |