

Abbey Stadium Pool Timetable

Abbey Stadium Sports Centre

Accurate as of 02/08/2026

Times for Monday 3 August



Time	Session	Facility	Type
06:00 - 07:10	Public Swim (3 Lanes)	Main Pool	Public Swimming
06:10 - 07:10	Redditch Swim Club (3 Lanes)	Main Pool	Swimming Club
07:10 - 08:50	Public Swim (3 Double Lanes)	Main Pool	Public Swimming
09:00 - 09:45	Aqua Fit	Main Pool	Requires Booking
09:00 - 10:30	Learn 2 Swim Course	Learner Pool	Swimming Lessons
10:00 - 11:00	Stroke clinic junior lessons	Main Pool	Swimming Lessons
10:00 - 11:45	Public 2 lanes/General swim	Main Pool	Public Swimming
10:30 - 12:00	Public Swim	Learner Pool	Public Swimming
12:00 - 12:45	Fun Session	Main Pool	Requires Booking
13:00 - 15:45	Public Swim	Learner Pool	Public Swimming
13:00 - 17:50	Public/General Swim (3 Lanes)	Main Pool	Public Swimming
16:00 - 18:00	Junior Swimming Lessons	Learner Pool	Swimming Lessons
18:00 - 18:45	Aqua Fit	Main Pool	Requires Booking
18:00 - 19:00	Redditch Swim Club	Learner Pool	Swimming Club
19:00 - 21:30	Redditch Swim Club (6 Lanes)	Main Pool	Swimming Club
21:30 - 22:00	Public Swim (3 Lanes)	Main Pool	Public Swimming
21:30 - 22:00	Redditch Swim Club (3 Lanes)	Main Pool	Swimming Club
22:00 - 22:30	Public swim 6 lanes	Main Pool	Public Swimming