

Abbey Stadium Pool Timetable

Abbey Stadium Sports Centre

Accurate as of 02/08/2026

Times for Friday 7 August



Time	Session	Facility	Type
06:00 - 07:10	Public Swim (3 Lanes)	Main Pool	Public Swimming
06:10 - 07:10	Redditch Swim Club (3 Lanes)	Main Pool	Swimming Club
07:10 - 11:00	Public Swim (3 Double Lanes)	Main Pool	Public Swimming
09:00 - 10:30	Learn 2 Swim Course	Learner Pool	Swimming Lessons
10:30 - 12:20	Public Swim	Learner Pool	Public Swimming
11:00 - 12:00	Stroke clinic junior lessons	Main Pool	Swimming Lessons
11:00 - 12:00	Public 2 lanes/General swim	Main Pool	Public Swimming
12:00 - 12:45	Float Session	Main Pool	Public Swimming
12:30 - 13:30	Pre school lessons	Learner Pool	Swimming Lessons
13:00 - 18:00	Public/General Swim (3 Lanes)	Main Pool	Public Swimming
13:40 - 15:50	Public Swim	Learner Pool	Public Swimming
16:00 - 18:00	Junior Swimming Lessons	Learner Pool	Swimming Lessons
18:15 - 19:00	Fun Session	Main Pool	Requires Booking
19:15 - 22:00	Redditch Swim Club	Main Pool	Swimming Club