Abbey Stadium Pool Timetable

Abbey Stadium Sports Centre

Accurate as of 03/11/2026

Times for Saturday 7 November

Time	Session	Facility	Type
07:15 - 08:30	Public Swim (3 Double Lanes)	Main Pool	Public Swimming
08:00 - 12:00	Junior Swimming Lessons	Learner Pool	Swimming Lessons
08:30 - 09:00	Adult Swimming Lessons	Main Pool	Swimming Lessons
09:00 - 12:00	Junior Swimming Lessons	Main Pool	Swimming Lessons
11:00 - 12:00	Pre school lessons	Learner Pool	Swimming Lessons
12:00 - 13:45	Public Swim	Main Pool	Public Swimming
12:00 - 14:00	Public Swim Hour Slots	Learner Pool	Public Swimming
14:00 - 14:45	Fun Session	Main Pool	Requires Booking
15:00 - 17:00	For Private Hire	Main Pool	Requires Booking
15:00 - 18:00	For Private Hire	Learner Pool	Requires Booking
17:00 - 17:15	Closed	Main Pool	Unavailable
17:30 - 19:30	Public/General Swim (3 Lanes)	Main Pool	Public Swimming