Northbrook Swim Timetable Northbrook Swimming Pool

Accurate as of 12/05/2025

Times for Wednesday 31 May		
Time	Session	Facility
07:30 - 09:30	Lane Swim	Main Pool
09:30 - 10:30	AquaFit	Main Pool
11:00 - 12:00	WEFTE	Main Pool
12:00 - 13:00	Lane Swim	Main Pool
13:00 - 15:00	Parent & Child Session	Main Pool