

Northbrook Swim Timetable

Northbrook Swimming Pool

Accurate as of 13/05/2026

Times for Wednesday 29 May



Time	Session	Facility
07:30 - 09:30	Lane Swim	Main Pool
09:30 - 10:30	AquaFit	Main Pool
11:00 - 12:00	WEFTE	Main Pool
12:00 - 13:15	Lane Swim	Main Pool
13:15 - 14:45	Family Splash	Main Pool
14:45 - 15:00	General swim + 1 x Lane	Main Pool