

St Sidwell's Point Swim Timetable

St Sidwell's Point

Accurate as of 12/09/2026

Times for Friday 18 September			
Time	Session	Facility	
06:15 - 06:30	3 X ECSC lanes	Main Pool	
06:30 - 07:30	3x ECSC Lanes , 5x Public Lanes	Main Pool	
07:30 - 09:00	Lane Swim	Main Pool	
09:00 - 10:00	2x Club Lanes, 2x Public Lanes, Half Pool General Swim	Main Pool	
09:00 - 13:00	1x Horizontal Lesson Lane, General Swim	Learner Pool	
10:00 - 11:30	Half Pool Lanes , Half Pool General Swim	Main Pool	
11:30 - 12:30	1x Accessible Lane , 3x Public Lanes , Half Pool General Swim	Main Pool	
12:30 - 13:00	Half Pool Lanes , Half Pool General Swim	Main Pool	
13:00 - 14:00	Half Pool Lanes, Half Pool Aquafit	Main Pool	
13:00 - 18:45	General Swim	Learner Pool	
14:00 - 18:50	Half Pool Lanes , Half Pool General Swim	Main Pool	
18:45 - 21:30	Lane Swim	Learner Pool	
19:00 - 22:00	Exeter Water Polo	Main Pool	