


Swim Timetable

Applemore Health and Leisure

Accurate as of 14/05/2024

Times for Thursday 18 August				
Time	Session	Facility	# Lanes	
6:30 am - 9:00 am	Public Swim	Both Pools	2	
9:00 am - 2:00 pm	Public Swim	Both Pools	2	
2:05 pm - 3:00 pm	Therapy Swim	Main Pool		
3:00 pm - 7:00 pm	Swim Academy	Learner Pool		
4:00 pm - 7:00 pm	Swim Academy	Main Pool		
7:05 pm - 9:00 pm	Public Swim	Main Pool	2	
9:00 pm - 10:00 pm	Adults Only Swim	Main Pool	3	