

# Swim Timetable

## Applemore Health and Leisure

Accurate as of 01/05/2024

### Times for Thursday 18 August



Time	Session	Facility	# Lanes
6:30 am - 9:00 am	Public Swim	Both Pools	2
9:00 am - 2:00 pm	Public Swim	Both Pools	2
2:05 pm - 3:00 pm	Therapy Swim	Main Pool	
3:00 pm - 7:00 pm	Swim Academy	Learner Pool	
4:00 pm - 7:00 pm	Swim Academy	Main Pool	
7:05 pm - 9:00 pm	Public Swim	Main Pool	2
9:00 pm - 10:00 pm	Adults Only Swim	Main Pool	3