

Swim Timetable

Applemore Health and Leisure

Accurate as of 20/04/2024

Times for Thursday 25 August



Time	Session	Facility	# Lanes
6:30 am - 9:00 am	Public Swim	Both Pools	2
9:00 am - 12:30 pm	Public Swim	Both Pools	
10:00 am - 12:00 pm	NPLQ Course	Main Pool	2
12:45 pm - 1:45 pm	Fun Time Swim	Both Pools	
3:00 pm - 7:00 pm	Swim Academy	Learner Pool	
4:00 pm - 7:00 pm	Swim Academy	Main Pool	
7:05 pm - 9:00 pm	Public Swim	Both Pools	2
9:00 pm - 10:00 pm	Adults Only Swim	Main Pool	3