

# Swim Timetable

## Applemore Health and Leisure

Accurate as of 30/04/2024

### Times for Saturday 27 August



Time	Session	Facility	# Lanes
7:30 am - 8:20 am	Public Swim	Both Pools	2
8:30 am - 12:05 pm	Swim Academy	Both Pools	
12:05 pm - 2:05 pm	NPLQ Course	Main Pool	2
12:10 pm - 1:15 pm	Public Swim	Both Pools	
3:20 pm - 4:00 pm	Public Swim	Both Pools	