## Swim Timetable Applemore Health and Leisure

## Accurate as of 13/05/2024

| Times for Sunday 28 August |                         |           | 0       |
|----------------------------|-------------------------|-----------|---------|
| Time                       | Session                 | Facility  | # Lanes |
| 7:30 am - 8:55 am          | Lane Swimming (3 lanes) | Main Pool | 3       |