

# Swim Timetable

## Applemore Health and Leisure

Accurate as of 08/05/2024

### Times for Monday 29 April



Time	Session	Facility	# Lanes
6:30 am - 8:55 am	Adults Only Swim	Main Pool	3
8:00 am - 8:55 am	Public Swim	Learner Pool	
9:00 am - 11:30 am	Swim Academy	Learner Pool	
9:00 am - 11:45 am	Public Swim	Main Pool	2
11:45 am - 12:45 pm	Lane Swimming (2 lanes)	Main Pool	2
11:45 am - 12:45 pm	Public Swim	Learner Pool	
1:00 pm - 3:00 pm	School Use	Both Pools	
3:00 pm - 3:45 pm	Senior Swim	Main Pool	
3:00 pm - 7:20 pm	Swim Academy	Learner Pool	
4:00 pm - 7:20 pm	Swim Academy	Both Pools	
7:20 pm - 8:05 pm	Swim Academy	Main Pool	2
7:30 pm - 9:00 pm	Public Swim	Main Pool	2
9:00 pm - 10:00 pm	Adults Only Swim	Main Pool	3