


# Swim Timetable

## Applemore Health and Leisure

Accurate as of 19/05/2024

Times for Wednesday 1 May				
Time	Session	Facility	# Lanes	
6:30 am - 8:55 am	Adults Only Swim	Main Pool	3	
8:00 am - 8:55 am	Public Swim	Learner Pool		
9:00 am - 10:00 am	Adult Swim Lessons	Main Pool		
9:00 am - 12:00 pm	Swim Academy	Learner Pool		
10:05 am - 12:15 pm	Public Swim	Main Pool	2	
12:30 pm - 1:30 pm	Public Swim	Learner Pool		
12:30 pm - 1:30 pm	Lane Swimming (2 lanes)	Main Pool	2	
1:45 pm - 2:45 pm	School Use	Both Pools		
3:00 pm - 3:45 pm	Public Swim	Main Pool	2	
3:00 pm - 7:20 pm	Swim Academy	Learner Pool		
4:00 pm - 7:20 pm	Swim Academy	Both Pools		
7:25 pm - 8:10 pm	Aqua Aerobics	Main Pool		
8:15 pm - 9:00 pm	Public Swim	Both Pools	2	
9:00 pm - 10:00 pm	Adults Only Swim	Main Pool	3	