

Swim Timetable

Applemore Health and Leisure

Accurate as of 24/04/2026

Times for Saturday 5 October



Time	Session	Facility	# Lanes
7:30 am - 8:20 am	Public Swim	Both Pools	2
8:30 am - 12:05 pm	Swim Academy	Both Pools	
12:15 pm - 1:15 pm	Public Swim	Both Pools	2