

# Swim Timetable

## Applemore Health and Leisure

Accurate as of 04/05/2026

### Times for Monday 25 August



Time	Session	Facility	# Lanes
9:00 am - 12:00 pm	Swim Academy	Learner Pool	
9:00 am - 12:30 pm	Public Swim	Main Pool	2
12:00 pm - 1:30 pm	Public Swim	Learner Pool	
12:30 pm - 1:30 pm	Lane Swimming	Main Pool	3
1:45 pm - 2:45 pm	Fun Time Swim	Both Pools	
3:00 pm - 7:20 pm	Swim Academy	Learner Pool	
7:20 pm - 7:30 pm	Swim Academy	Main Pool	2