

Swim Timetable

Applemore Health and Leisure

Accurate as of 28/05/2026

Times for Saturday 7 March



Time	Session	Facility	# Lanes
7:30 am - 8:20 am	Public Swim	Both Pools	2
8:30 am - 12:05 pm	Swim Academy	Both Pools	
12:15 pm - 1:15 pm	Public Swim	Both Pools	2
1:30 pm - 2:30 pm	Fun Time Swim	Both Pools	
2:45 pm - 3:45 pm	Public Swim	Main Pool	