

Swim Timetable

Applemore Health and Leisure

Accurate as of 28/05/2026

Times for Sunday 8 March



Time	Session	Facility	# Lanes
7:30 am - 8:55 am	Lane Swimming (3 lanes)	Main Pool	3
7:30 am - 8:55 am	Public Swim	Learner Pool	
9:05 am - 10:00 am	Family Swim	Both Pools	
10:15 am - 11:15 am	Fun Time Swim	Both Pools	
11:30 am - 4:55 pm	Public Swim	Main Pool	
2:00 pm - 3:30 pm	Private Pool Party	Main Pool	
4:15 pm - 5:55 pm	Adult Swim	Main Pool	2