

Swim Timetable

Applemore Health and Leisure

Accurate as of 24/04/2026

Times for Thursday 23 April



| Time | Session | Facility | # Lanes |
|---------------------|------------------|--------------|---------|
| 6:30 am - 8:55 am | Adults Only Swim | Main Pool | 3 |
| 8:00 am - 8:55 am | Public Swim | Learner Pool | |
| 10:00 am - 11:00 am | School Use | Both Pools | |
| 11:05 am - 12:30 pm | Public Swim | Both Pools | |
| 12:45 pm - 2:15 pm | School Use | Both Pools | |
| 3:00 pm - 3:45 pm | Therapy Swim | Main Pool | |
| 3:00 pm - 7:00 pm | Swim Academy | Learner Pool | |
| 4:00 pm - 7:00 pm | Swim Academy | Main Pool | |
| 7:10 pm - 8:00 pm | Public Swim | Both Pools | 2 |
| 8:00 pm - 9:00 pm | Family Swim | Learner Pool | |
| 8:00 pm - 9:55 pm | Adults Only Swim | Main Pool | 3 |