

# Swim Timetable

## Applemore Health and Leisure

Accurate as of 24/04/2026

### Times for Thursday 30 April



Time	Session	Facility	# Lanes
6:30 am - 8:55 am	Adults Only Swim	Main Pool	3
8:00 am - 8:55 am	Public Swim	Learner Pool	
10:00 am - 11:00 am	School Use	Both Pools	
11:05 am - 12:30 pm	Public Swim	Both Pools	
12:45 pm - 2:15 pm	School Use	Both Pools	
3:00 pm - 3:45 pm	Therapy Swim	Main Pool	
3:00 pm - 7:00 pm	Swim Academy	Learner Pool	
4:00 pm - 7:00 pm	Swim Academy	Main Pool	
7:10 pm - 8:00 pm	Public Swim	Both Pools	2
8:00 pm - 9:00 pm	Family Swim	Learner Pool	
8:00 pm - 9:55 pm	Adults Only Swim	Main Pool	3