

Swim Timetable

Applemore Health and Leisure

Accurate as of 04/05/2026

Times for Wednesday 6 May



| Time | Session | Facility | # Lanes |
|---------------------|-------------------------|--------------|---------|
| 6:30 am - 8:55 am | Adults Only Swim | Main Pool | 3 |
| 8:00 am - 8:55 am | Public Swim | Learner Pool | |
| 9:00 am - 10:00 am | Adult Swim Lessons | Main Pool | |
| 9:00 am - 12:00 pm | Swim Academy | Learner Pool | |
| 10:00 am - 11:30 am | School Use | Main Pool | |
| 11:50 am - 12:25 pm | Public Swim | Main Pool | 1 |
| 12:30 pm - 1:30 pm | Public Swim | Learner Pool | |
| 12:30 pm - 1:30 pm | Lane Swimming (2 lanes) | Main Pool | 2 |
| 2:00 pm - 3:00 pm | School Use | Both Pools | |
| 3:00 pm - 7:20 pm | Swim Academy | Learner Pool | |
| 3:15 pm - 3:55 pm | Lane Swimming (3 lanes) | Main Pool | |
| 4:00 pm - 7:20 pm | Swim Academy | Main Pool | |
| 7:25 pm - 8:00 pm | Public Swim | Both Pools | 2 |
| 8:00 pm - 9:00 pm | Family Swim | Learner Pool | |
| 8:00 pm - 9:55 pm | Adults Only Swim | Main Pool | 3 |