

Swim Timetable

Applemore Health and Leisure

Accurate as of 25/06/2026

Times for Tuesday 30 June



Time	Session	Facility	# Lanes
6:30 am - 8:55 am	Lane Swimming	Main Pool	3
9:05 am - 10:00 am	Aqua Aerobics	Main Pool	
10:15 am - 11:15 am	School Use	Both Pools	
11:25 am - 12:30 pm	School Use	Both Pools	
1:15 pm - 2:45 pm	Public Swim	Learner Pool	
1:15 pm - 3:45 pm	Public Swim	Main Pool	2
3:00 pm - 7:05 pm	Swim Academy	Learner Pool	
4:00 pm - 7:05 pm	Swim Academy	Main Pool	
7:15 pm - 8:00 pm	Public Swim	Both Pools	2
8:00 pm - 9:55 pm	Adults Only Swim	Main Pool	3