

Swim Timetable

New Milton Health and Leisure

Accurate as of 24/04/2024

Times for Tuesday 23 August



Time	Session	Facility	# Lanes
6:30 am - 8:45 am	Lane Swim	Main Pool	3
8:45 am - 10:20 am	Public Swim	Main Pool	2
10:30 am - 11:15 am	Aqua Aerobics	Main Pool	
11:30 am - 1:15 pm	Lane Swim	Main Pool	3
1:15 pm - 2:10 pm	Public Swim	Main Pool	2
2:15 pm - 3:15 pm	Fun Time Swim	Main Pool	
3:30 pm - 6:30 pm	Swim Academy	Main Pool	
6:35 pm - 9:05 pm	Public Swim	Main Pool	2
9:05 pm - 10:00 pm	Lane Swim	Main Pool	3