


Swim Timetable

New Milton Health and Leisure

Accurate as of 05/05/2024

Times for Wednesday 24 August				
Time	Session	Facility	# Lanes	
6:30 am - 9:00 am	Lane Swim	Main Pool	3	
9:00 am - 10:00 am	Senior Swim	Main Pool	1	
10:10 am - 10:55 am	Aqua Aerobics	Main Pool		
11:00 am - 12:40 pm	Public Swim	Main Pool	2	
12:45 pm - 2:10 pm	Lane Swim	Main Pool	3	
2:15 pm - 3:15 pm	Fun Time Swim	Main Pool		
3:30 pm - 7:00 pm	Swim Academy	Main Pool		
7:00 pm - 9:00 pm	Public Swim	Main Pool	2	
9:00 pm - 10:00 pm	Lane Swim	Main Pool	3	