


Swim Timetable

New Milton Health and Leisure

Accurate as of 20/05/2024

Times for Sunday 28 April				
Time	Session	Facility	# Lanes	
7:30 am - 9:55 am	Lane Swim	Main Pool	3	
10:00 am - 11:30 am	Adult Swim	Main Pool	2	
11:45 am - 12:45 pm	Fun Time Swim	Main Pool		
1:00 pm - 2:00 pm	Fun Time Swim / Private Hire	Main Pool		
2:15 pm - 5:00 pm	Public Swim with Lanes	Main Pool	2	
3:00 pm - 5:00 pm	Swimathon	Main Pool	2	
5:00 pm - 6:00 pm	Lane Swim	Main Pool	5	