

Swim Timetable

New Milton Health and Leisure

Accurate as of 08/05/2024

Times for Tuesday 30 April



Time	Session	Facility	# Lanes
6:30 am - 9:00 am	Lane Swim	Main Pool	4
9:00 am - 10:25 am	Public Swim with Lanes	Main Pool	2
10:30 am - 11:15 am	Aqua Aerobics	Main Pool	
11:30 am - 3:25 pm	Public Swim with Lanes	Main Pool	2
3:30 pm - 6:25 pm	Swim Academy	Main Pool	
6:30 pm - 9:00 pm	Swim Club	Main Pool	
9:00 pm - 10:00 pm	Lane Swim	Main Pool	4