

Swim Timetable

New Milton Health and Leisure

Accurate as of 08/05/2024

Times for Wednesday 1 May



Time	Session	Facility	# Lanes
6:30 am - 9:00 am	Lane Swim	Main Pool	4
9:00 am - 10:00 am	Senior and Adult Lane Swim	Main Pool	2
10:10 am - 10:55 am	Aqua Aerobics	Main Pool	
11:10 am - 1:05 pm	Public Swim with Lanes	Main Pool	2
1:15 pm - 2:15 pm	School Use	Main Pool	
2:25 pm - 3:25 pm	Public Swim with Lanes	Main Pool	2
3:30 pm - 6:55 pm	Swim Academy	Main Pool	
7:00 pm - 9:00 pm	Public Swim with Lanes	Main Pool	2
9:00 pm - 10:00 pm	Lane Swim	Main Pool	4