

Swim Timetable

Ringwood Health and Leisure

Accurate as of 03/05/2025

Times for Monday 15 August



Time	Session	Facility	# Lanes
6:30 am - 9:00 am	Lane Swim	Main Pool	2
11:00 am - 1:25 pm	Public Swim	Both Pools	2
1:30 pm - 2:30 pm	Fun Time Swim	Both Pools	
2:45 pm - 3:30 pm	Senior Swim	Both Pools	1
3:45 pm - 6:45 pm	Swim Academy	Both Pools	
7:00 pm - 7:50 pm	Public Swim	Both Pools	1
8:30 pm - 9:55 pm	Lane Swim	Main Pool	2