


Swim Timetable

Ringwood Health and Leisure

Accurate as of 02/05/2025

Times for Tuesday 16 August				
Time	Session	Facility	# Lanes	
6:30 am - 9:00 am	Lane Swim	Main Pool	3	
9:00 am - 11:30 am	Swim Academy	Learner Pool		
10:00 am - 11:00 am	Adult Lessons	Main Pool		
11:05 am - 1:25 pm	Public Swim	Both Pools	2	
1:30 pm - 2:30 pm	Fun Time Swim	Both Pools		
2:45 pm - 3:30 pm	Public Swim	Both Pools	2	
3:45 pm - 5:50 pm	Swim Academy	Both Pools		
6:00 pm - 8:00 pm	Public Swim	Both Pools	2	
8:15 pm - 9:45 pm	Octopush	Main Pool		