

# Swim Timetable

## Ringwood Health and Leisure

Accurate as of 03/05/2025

Times for Saturday 20 August			
Time	Session	Facility	# Lanes
7:00 am - 7:50 am	Triathlon Club	Main Pool	
8:00 am - 12:05 pm	Swim Academy	Both Pools	
12:05 pm - 12:35 pm	Swim Academy	Learner Pool	