Swim Timetable

Ringwood Health and Leisure

Accurate as of 12/10/2024

Times for Thursday 25 August

Time	Session	Facility	# Lanes
6:30 am - 9:15 am	Public Swim	Both Pools	3
9:15 am - 1:25 pm	Public Swim	Main Pool	2
1:30 pm - 2:30 pm	Fun Time Swim	Both Pools	
2:45 pm - 3:30 pm	Public Swim	Both Pools	2
3:45 pm - 6:20 pm	Swim Academy	Both Pools	
6:35 pm - 7:30 pm	Aqua Aerobics	Main Pool	
6:35 pm - 7:35 pm	Adult Swim (deep end only)	Main Pool	
7:40 pm - 10:00 pm	Public Swim	Both Pools	2