

Swim Timetable

Ringwood Health and Leisure

Accurate as of 18/05/2024

Times for Thursday 25 April				
Time	Session	Facility	# Lanes	
6:30 am - 9:00 am	Public Swim	Main Pool	3	
9:00 am - 11:00 am	Public Swim	Main Pool	2	
9:00 am - 11:00 am	Public Swim	Main Pool	2	
9:00 am - 11:30 am	Swim Academy	Learner Pool		
11:00 am - 12:00 pm	Therapy Swim	Main Pool		
12:00 pm - 3:30 pm	Public Swim	Both Pools	2	
3:45 pm - 6:20 pm	Swim Academy	Both Pools		
6:35 pm - 7:30 pm	Aqua Aerobics	Main Pool		
6:35 pm - 7:30 pm	Adult Swim (deep end only)	Main Pool		
7:30 pm - 8:30 pm	Staff Training	Both Pools		
8:30 pm - 10:00 pm	Public Swim	Both Pools	2	