

# Swim Timetable

## Totton Health and Leisure

Accurate as of 10/05/2024

Times for Wednesday 17 August

Time	Session	Facility	# Lanes
7:05 am - 9:00 am	Lane Swim	Main Pool	4
9:00 am - 10:50 am	Public Swim	Both Pools	2
11:00 am - 11:55 am	Aqua Aerobics	Main Pool	
12:00 pm - 1:15 pm	Public Swim	Both Pools	2
1:30 pm - 2:30 pm	Private Hire	Both Pools	
3:45 pm - 7:50 pm	Swim Academy	Both Pools	
8:00 pm - 9:00 pm	Public Swim	Main Pool	2
9:00 pm - 10:00 pm	Lane Swim	Main Pool	4