Swim Timetable

Totton Health and Leisure

Accurate as of 12/10/2024

Times for Tuesday 23 August

Time	Session	Facility	# Lanes
7:05 am - 9:00 am	Lane Swim	Both Pools	4
9:05 am - 1:25 pm	Public Swim	Both Pools	2
1:30 pm - 2:30 pm	Fun Time Swim	Both Pools	
2:45 pm - 3:30 pm	Public Swim	Both Pools	2
3:45 pm - 6:50 pm	Swim Academy	Both Pools	
6:55 pm - 7:55 pm	Public Swim	Both Pools	2
8:00 pm - 8:55 pm	Aqua Aerobics	Main Pool	
9:00 pm - 9:55 pm	Lane Swim	Main Pool	4