

Swim Timetable

Totton Health and Leisure

Accurate as of 19/05/2024

Times for Wednesday 24 April



Time	Session	Facility	# Lanes
6:00 am - 7:00 am	Swim Club	Both Pools	
7:05 am - 9:00 am	Lane Swim	Main Pool	4
11:00 am - 11:55 am	Aqua Aerobics	Main Pool	
12:00 pm - 1:15 pm	Public Swim	Both Pools	2
1:30 pm - 2:30 pm	School Use	Both Pools	
2:45 pm - 3:30 pm	Public Swim	Both Pools	2
3:45 pm - 7:50 pm	Swim Academy	Both Pools	
8:00 pm - 9:00 pm	Public Swim	Main Pool	2
9:00 pm - 10:00 pm	Lane Swim	Main Pool	4