

Swimming Pool Timetable

Institute Of Sport And Exercise

Accurate as of 20/05/2024

Times for Friday 10 May



Time	Session	Facility
07:00 - 09:00	Lane Swimming (4 lanes)	Swimming Pool
09:00 - 12:00	Half and Half	Swimming Pool
12:00 - 14:00	Lane Swimming (4 lanes)	Swimming Pool
14:00 - 16:00	Closed	Swimming Pool
16:00 - 18:00	Lane Swimming (4 lanes)	Swimming Pool
18:00 - 21:00	Half and Half	Swimming Pool